

The Midwife.

THE CENTRAL MIDWIVES BOARD.

The First Examination took place on May 16th, 1945.

QUESTIONS.

- (1) Describe the supports of the uterus. What injuries may occur to these supporting tissues during labour, and what may be the effect of these injuries?
- (2) What is the purpose of ante-natal care? What advice and help can be given to an ante-natal patient to promote and maintain her health?
- (3) How would you conduct a breech delivery in a multi-gravida? What are the particular risks to the baby?
- (4) What may be the causes of persistent hæmorrhage after the birth of the placenta? How would you differentiate between the causes of the bleeding, and what treatment would you carry out?
- (5) What are the commonest causes of death of the premature infant? Describe the nursing care during the first week of life of an infant weighing 3½ lb. at birth.
- (6) Write a short answer on two of the following: (i) What are the symptoms and signs of pregnancy?; (ii) What are the symptoms and signs of the onset of labour?; (iii) What is the difference between a sedative drug, an analgesic drug, and a hypnotic drug? Give examples of each with the dosage, where applicable.

CHARGE OF THE NURSE BRIGADE.

"There are now 600 District Nurses in the Union of South Africa."

AN APPRECIATION AND GREETING FOR 1944.

(With all apologies to Alfred, Lord Tennyson.)

Steadily, readily,
Pluckily forward
All through their District ways
Move *this* 600.
Forward the Nurse Brigade,
"Health in the Homes" they said,
Out—with unwearied tread
Pass the 600.

Gladly they do their work,
None knows the way to shirk;
Though dangers often lurk,
Seldom one blundered.
On—though the sun be hot,
None grumbles at her lot
Need finds them "on the spot"
All these 600.

Working—but not for wealth,
Bridgehead of Nation's health;
Serving oft-times by stealth,
From comfort Sundered.
Though rain or hail may pelt
Trim, as to hat and belt.
Trudging across the veld,
Go *our* 600!

Sickness to right of them,
Suff'ring to left of them,
Troubles around them,
(Sometimes—they wondered?).
Down to the gates of Hell,
Doing their duty well,
Who can their value tell?
Dauntless 600!

You face the coming year,
Calmly, with vision clear
No sign of fret, or fear,
Pluck can't be plundered:
March through its op'ning door,
Right on—in '44,
Go—help the sick and poor.
Bless you! Six hundred!

LEWIS E. HERTSLET,
South African Nursing Journal.

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